Soccer Equipment List

The following are items we suggest for starting a soccer league. The quantity of some items may need to change based on the number of teams and participants.

- **Soccer Goals** *(2 per field)*
- ***Whistles and shirts for referees**
- ***Soccer Balls** *(Enough soccer balls on hand for each player to use a ball that will practice at the same time and 2 game day balls)*
- **Ball pump**
- **Scoreboard**
- ***Cones** *(12 per team for practice)*
- **Stopwatches for evaluations**
- **Corner Flags** *(Have on hand a set of low profile cones for each team that practices at the same time to use.)*
- ***Scrimmage vests** *(10-20 in two different colors for practice)*
- **Field Paint**

SOCCER BALL SIZES	
	K5 -2nd (size 3 Ball)
	3rd-6th (size 4 Ball)
	6th and Up (size 5 Ball)

GOAL SIZES	
	4v4 (4' x 6' goal)
	7v7 (6' x 18' goal)
	11v11 (8' x 24" goal)

**Available as a merchandise item in the Ordering area of your program on MyUpward.org.*